Weekly Assignments

| Name: | Sweet  | Month: | September | Year: | 2021 |
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| Mon: | **20** |
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| **TUES:** | **21** |
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| **WED:** | **22** |
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| **THURS:** | **23** |
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| **FRI:** | **24** |
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| **FITNESS 10** | Spikeball:Rules of PlayHow to playScoringLegal vs IllegalPractice Games  | Warm-up Answer any questions about SpikeballPractice games with new partnersDress for the weather | Warm-upSpike Ball Random Draw Double Elimination tournament starts todayBest of 3 games to 15Dress for the weather  | Warm-upContinuing Spikeball Double Elimination tournamentDress for the weather |  |
|  |  Those that can make up the cricket quiz, now’s the timeReturning cricket quizzes to those done | Strategies to try today to improve play.  | Once the Tournament starts, teams will stay same until tournament champ decided |  |  |
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| **ACTIVITY 4 LIFE** | Begin a week of modified Ultimate Frisbee games5 on 5 for most of the gamesEmilee, Jenna, Jocelyn, Peyton, Seth versus Zander, Lily, Chloe, Allyson, LeahBeau Norby Halftime | Tennis today with VB gone after lunchBjerrings style today | Ultimate frisbee game, new teamsAllyson, Jenna, Zander, Chloe, Lily versus Peyton, Emilee, Leah, Jocelyn, SethBeau Norby Halftime | Alternate activity may have to happen if VB leaves early and IF golf is gone |  |
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